

Adult Services Presents

# THE BUZZ



141 S. Main Street  
Manville NJ 08835  
www.thearcofsomerset.org



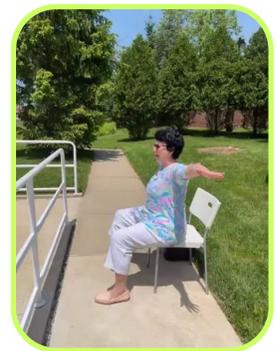
## Yoga with Jane

**Publisher & Editor**  
Cliff Leon  
Karen Kowalski

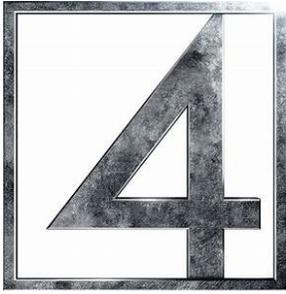
**Photographers**  
Cliff Leon  
Karen Kowalski  
Mary Scibelli

Looking for a fun opportunity?  
Be a guest contributor for The BUZZ

Please contact:  
Karen Kowalski  
or  
Cliff Leon



THANK YOU  
FOR ALL YOU DO  
DSPs



# Fantastic 4

By Nicole Weick, OTS

“Fantastic Four” finally got to show their “All About Me” collages with the new occupational therapy student, Kim. Kim had to guess which collage belonged to who, and she guessed all four correct! Then everyone shared why they chose the pictures on their collages and what each one meant to them. Charlie started off by tell everyone about his love for antique cars and old houses, and informed everyone of his car collection. Geri shared her favorite colors and Disney character, “Tigger”. Jane showed her love for The Giants football team and desserts. Then, we played a game of “Jeopardy” that included questions all about Kim to help us get to know her better. We learned about her likes, dislikes, and miscellaneous facts. Some things that she likes includes country music, the color tan, and cookies and cream ice cream! We also discovered that she has one dog and is right-handed. Next week we will be having another student, Victoria, joining us and we are looking forward to it!





# Fantastic 4

By Nicole Weick, OTS

“Fantastic Four” welcomed another new OT student, Tori, into their group along with OT students Kim and Nicole! The group played a game with questions about Tori’s likes and dislikes based off of the number rolled on a foam dice. We learned that Tori’s favorite color is green, her favorite leisure activity is anything she can do with her two dogs, and her favorite ice cream flavor is Half Baked by Ben and Jerry’s. It was so nice to see our friend Carline who stopped in to join in on the fun today. We can’t wait for next weeks game and to continue hanging out with all the OT students!!

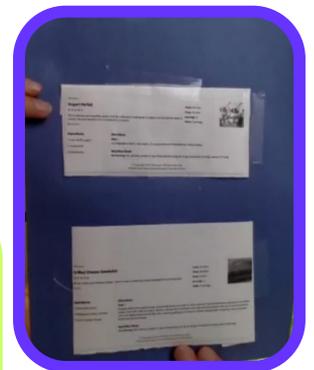
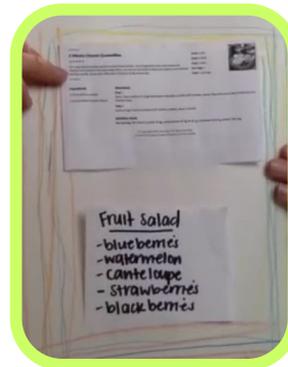
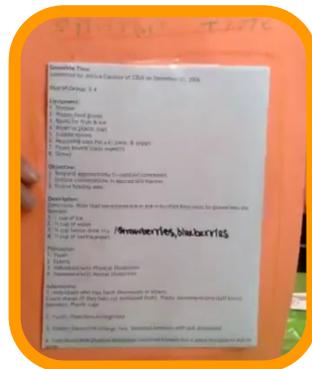




# Crafty Ladies

By Kimberly Mueller, OTS

“Crafty Ladies” began working on a new activity of developing a cookbook! Lynda and Angie discussed their favorite foods and meal preferences with students Nicole and Kim. They each picked out a few recipes they would like to make in the next few weeks. Some of these recipes included a pita pizza, fruit salad, quesadillas, and smoothies. Lynda and Angie learned that they both enjoy eating strawberries and blueberries, so the first recipe they will make is a fruit smoothie! After putting together their recipes into a cookbook, Lynda and Angie colored cover pages for their books. We are excited to try our fruit smoothie recipe next week!





# Crafty Ladies

By Kimberly Mueller, OTS



“Crafty Ladies” made their first recipe from their new cookbook this week, Berry Smoothies! Lynda and Angie worked together in the kitchen to prepare their recipe. They started by washing their hands and collecting their ingredients. Next, they each followed the instructions to put berries, water, and ice into a blender and blended it until smooth. Both Lynda and Angie drank the smoothie and loved it! They were very helpful in cleaning up the kitchen after finishing their smoothies as well. We are excited to try new recipes in the next few weeks!



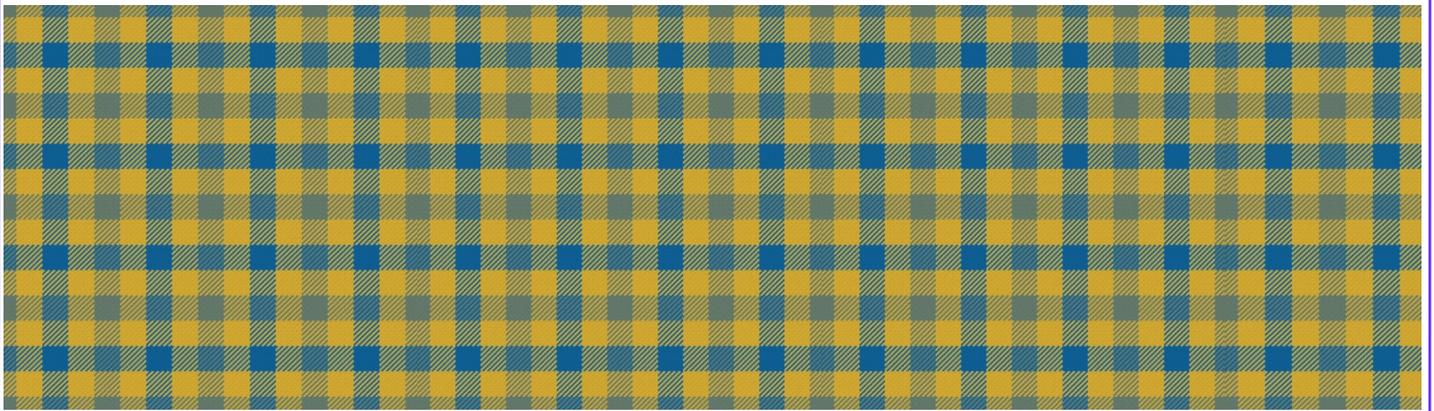
FUN  
FRIDAYS

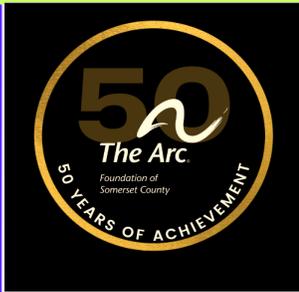
BLACK & WHITE



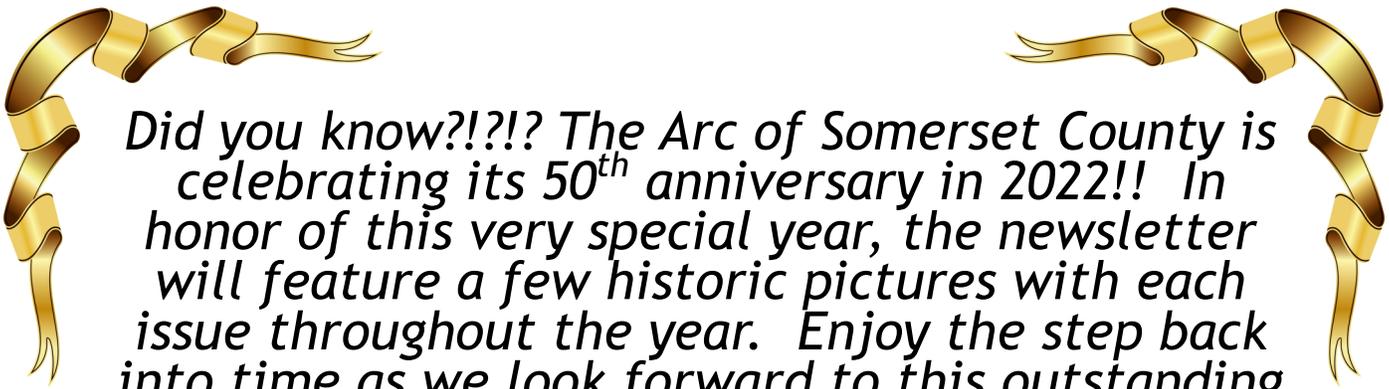
FUN  
FRIDAYS

# Stripes and Plaids





# The Arc's 50th Anniversary



*Did you know?!?!? The Arc of Somerset County is celebrating its 50<sup>th</sup> anniversary in 2022!! In honor of this very special year, the newsletter will feature a few historic pictures with each issue throughout the year. Enjoy the step back into time as we look forward to this outstanding year of celebration!*



LATRISCHER M



BILLY, COOKIE, CHARLIE & GERI



# What's the Buzz?



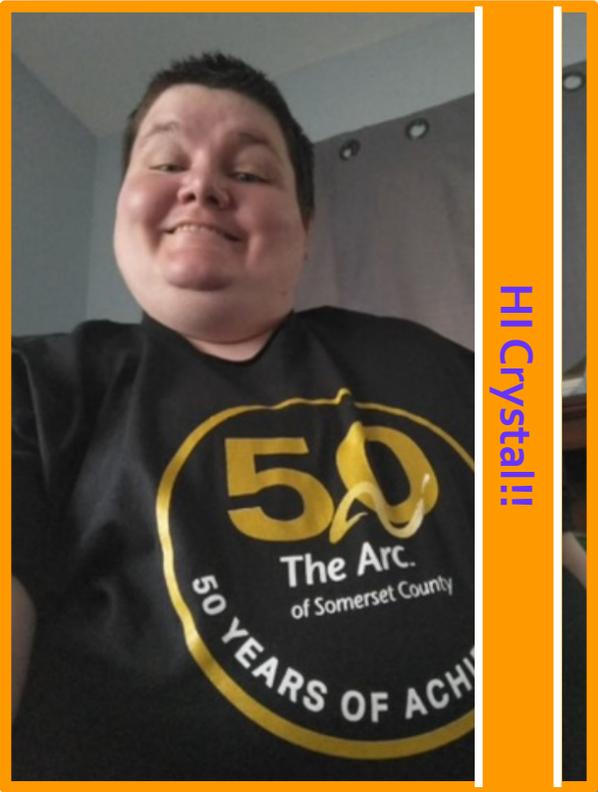
Charlie's 1000 piece puzzle!



Charlie, sister Mae & friend James



"The Sister's" of Union Avenue enjoying a nice meal at Time to Eat Diner!



Hi Crystal!!!

# Gina's Grandchildren

Eden & Ayden are the grandchildren of Gina Hobbs. Her daughter Dyamond volunteered for many years at Branchburg picnics and holiday parties.

There was even a time during a picnic at Dukes Park she and a bunch of guys made handbags and totes out of long sleeve tee-shirts, which was a big hit. She really loves our individuals and wanted to share her new babies.



# HAPPY BIRTHDAY

## MAY



Danielle



Daniel



Evelyn



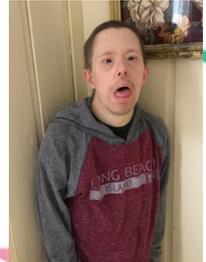
Donna



Amy



John



Gregory



Scott



Theresa



Angela

# Rosie's 75th Birthday!



# A Sharing Session of Fairy Tales

Special thank you to Ellen Parker and all of the actors and actresses who performed a variety of short skits during the “Fairytale Sharing” event at Jill Court. Individuals acted out classic fairytale stories such as “Goldilocks and the Three Bears” and “The Three Little Pigs” using back-grounds and costumes that each individual either designed or planned as fitting for each character. It was an even that certainly had a happy ending...but also a start to more collaborations with Ellen and her visual arts in the future!





# Hybrid Programming

The Arc of Somerset County is thrilled to be able to offer a wide array of hybrid programming for individuals within residences *and* for those whom are served through our day habilitation programs. All individuals are welcome to attend any and all groups in order to catch up with friends and participate in fun and interactive activities. Please refer to the this months hybrid calendar and feel free to contact Director of Adult Services, Karen Z. Kowalski, with any questions at: [karenk@thearcofsomerset.org](mailto:karenk@thearcofsomerset.org)

- **Bingo:** Enjoy time with friends while playing “Bingo” with Mary Scibelli in this very popular group! Any new individuals interested in joining this group, please contact Karen Kowalski to coordinate so that you can receive bingo cards
- **Yoga with Jane:** Enjoy a relaxing start to the week with Jane and friends with yoga. Yoga poses can be done seated or in standing based upon ability level.
- **Literacy classes:** Join Mary Scibelli with her very engaging classes wherein literacy concepts are taught. Would be helpful for participants to have pencil and paper or someone to assist with this.
- **“Music for Hope and Inspiration”:** Join musicians and those whom just enjoy music for this varied music programs featuring guest musicians on a variety of instruments such as guitar, piano, voice, harmonica, accordion. Participants are encouraged to sing, clap, dance to the music or just smile, make comments and enjoy a good musical time with friends!
- **“Self-Advocacy Group”:** Join Suman and the Self-Advocacy Group to learn about current issues and events surrounding self-advocacy. Please contact Karen Kowalski for more information if interested.
- **“Shooting the Breeze with Friends”:** Spend time catching up with friends whom are both virtual and in-person so that we can keep up our community connections on a variety of topics that are important to us and just to say ‘hi
- **“Stressbusters” Open Discussion—**Share your experiences with stress and/or anxiety. Discuss coping skills and how to use them.

**Monday  
May 30th**

**Friday  
June 10th**

# Hybrid Schedule

## Monday, May 30th

**MEMORIAL DAY  
PROGRAM CLOSED**



## Tuesday, May 31st

**1:00-1:30: Music for Hope & Inspiration**  
*Virtual only: Justin Brown*

Meeting ID: 481 232 8925  
Password: 12345

**3:00-3:30: Shooting the Breeze with Friends**

Meeting ID: 481 232 8925  
Password: 12345

## Wednesday, June 1st

**NO CLASSES**

## Thursday, June 2nd

**11:15-11:45: Literacy Class - all welcome**

Meeting ID: 701 845 7910  
Password: 12345

## Friday, June 3rd

**10:00-10:45: Bingo with Mary**

Meeting ID: 481 232 8925  
Password: 12345

## Monday, June 6th

**10:00-10:45: BINGO with Mary - all welcome**

Meeting ID: 481 232 8925  
Password: 12345

**11:15-11:45: Stressbusters**

Meeting ID: 412 415 5729  
Password: 794009

**1:00-1:30: Yoga with Jane**

*At the Commons & virtual:*

Meeting ID: 481 232 8925  
Password: 12345

## Tuesday, June 7th

**1:00-1:30: Music for Hope & Inspiration**  
*At JCATC & virtual: Justin Brown*

Meeting ID: 481 232 8925  
Password: 12345

**3:00-3:30: Shooting the Breeze with Friends**

Meeting ID: 481 232 8925  
Password: 12345

## Wednesday, June 8th

**NO CLASSES**

## Thursday, June 9th

**11:15-11:45: Literacy Class - all welcome**

Meeting ID: 701 845 7910  
Password: 12345

## Friday, June 10th

**10:00-10:45: Bingo with Mary**

Meeting ID: 481 232 8925  
Password: 12345



# Meredith's Memorial

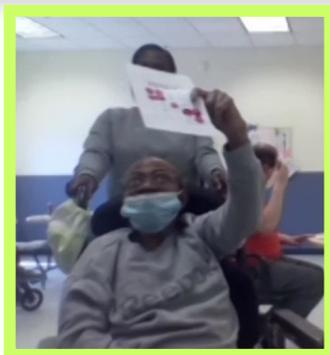


The Arc of Somerset County and Camp Jotoni along with family and friends of Meredith Carroll -who we lost in 2020, descended down on Camp Jotoni grounds This afternoon to celebrate her life on what would have been her 43rd birthday. Happy Birthday dear Meredith! Thank you for your years of smiles at Camp Jotoni! "CAMP JOTONI 2 WEEKS!" Meredith's favorite thing to say.



**Mondays  
&  
Fridays  
at 10AM**

# BINGO with Mary!!!





# This Week in Literacy

By Mary Scibelli



During literacy class this week we read the poem "Rainbows." Everyone took turns naming the colors of the rainbow and which one is their favorite. Cookie talked about how the sun is one of the things needed for a rainbow and that summertime is the best time of the year to see rainbows. We also talked about other things come in different colors like fruit. Alex told us about the different kinds of fruit that he likes. The other poem was titled smells. It was about how the new smells that come alive when the weather gets warmer. We talked about different flowers and which ones we thought where the prettiest.

## Jill Court Computer Class



During literacy class this week we read the poem "Rainbows." Everyone took turns naming the colors of the rainbow and which one is their favorite. Cookie talked about how the sun is one of the things needed for a rainbow and that summertime is the best time of the year to see rainbows. We also talked about other things come in different colors like fruit. Alex told us about the different kinds of fruit that he likes. The other poem was titled smells. It was about how the new smells that come alive when the weather gets warmer. We talked about different flowers and which ones we thought where the prettiest.

Tuesdays  
at  
3:00PM

# Shooting the Breeze with Friends

By Tori Fuerst, OTS

This week during “Shooting The Breeze”, the group continued on in the process to complete what they had started last week “Virtual Escape the Room: Unlock Disney World”! As a group, members worked together in order to solve the next challenge that required them to unscramble the encrypted message. The fourth challenge was to solve the challenge at the “Seven Dwarf’s Mine” by using the hint provided and matching the correct letters and numbers that were written on the different colored gemstones. With great teamwork, the group was able to solve the message in order to move on to the next step in figuring out what the next ride will be. They also earned two ear hats as a reward for solving the challenge. Next, the group was tasked with solving the pattern by identifying the connection between two different Disney characters in order to complete the “Mad Tea Party” challenge. The group was able to look through the instructions for this challenge, however, they were unable to complete this challenge as they ran out of time. Thus, they will work to unlock this lock during next week's meeting. Keep an eye out for next week's issue to find out if the Shooting The Breeze can finish this challenge and move on to the next in order to unlock all of the locks. They also welcomed the new OT student, Tori! They are looking forward to getting to know her better!



Tuesdays  
at  
3:00PM

# Shooting the Breeze with Friends

By Nicole Weick, OTS

Shooting The Breeze continued the “Virtual Escape the Room: Unlock Disney World”. This week, we had to find the pattern between two characters in order to escape a very tricky maze. We all worked together to identify the different Disney characters. Then we discovered the pattern and successfully unlocked the fifth lock, which was the Mad Tea Party. We only have one more lock left until we fully unlock Disney World!



Tuesdays  
at  
1PM

# Music for Hope & Inspiration

By Nicole Weick, OTS

Camplain Road was very excited to have the honors of hosting Tommy Strazza for music group on Thursday, May 19<sup>th</sup>! Great hits, including crowd favorites were included; such as “Take Me Out To The Ball Game”, “Sweet Caroline”, and “I’m a Believer”. Everyone was jamming out, and had plenty of opportunities for collaborative singing, instrument play, and lots of dancing and movement! Anthony had the chance to provide all of our virtual friends close-ups of everyone at Camplain Road, including Trina! Our virtual friend, Bobby was able to request “God Bless America” and everyone sang along. Karen and Angela were caught burning it up on the dance floor, while Quing and Matthew were playing the drums. All of our musician friends had the most wonderful time!!



Tuesdays  
at  
1PM

# Music for Hope & Inspiration

By Kimberly Mueller, OTS

"Everyone at Jill Court (with Cliff, Bobby, and Matt on Zoom) collaborated to create a fun and interactive music group! Our main vocalists included Francis, Scott, Alex, Amy, Mary Lou, Steve, Diana, Matt, and Mary. We heard hit songs, such as "Thriller" by Michael Jackson and "Livin' on a Prayer" by Bon Jovi. The group had fun singing "All Shook Up" by Elvis with Matt, Mary Lou, and Steve on the microphone. We slowed down the tempo listening to "Over the Rainbow" and "Forever Young." Amy engaged the crowd with "Oh, Susanna" and Scott sang an original song on the guitar. Everyone enjoyed playing musical instruments and clapping along- we had a great time participating!"



A X S Q T  
 A W I A R  
 E G O I O  
 R Z A R H A P  
 Y W H F D Q J  
 L P C O A S E



# Word Search



## Memorial Day



## Word Search

S	K	F	R	E	E	D	O	M	I	G	H	W	N	P
N	M	A	Y	A	I	G	I	E	C	I	V	R	E	S
A	J	Y	M	S	K	A	K	S	M	U	N	E	L	O
C	F	A	H	E	R	O	E	S	E	J	Q	M	I	N
I	L	D	F	E	J	W	J	E	M	E	A	E	K	O
R	O	I	S	G	A	L	F	I	O	C	S	M	E	I
E	W	L	G	U	R	I	R	U	R	I	D	B	R	T
M	E	O	W	J	G	U	G	J	I	F	F	E	U	A
A	R	H	Q	H	W	J	W	H	A	I	J	R	D	R
V	S	K	A	K	O	H	Q	K	L	R	K	S	J	O
M	W	V	S	V	A	N	A	V	S	C	L	A	K	C
P	X	M	W	M	S	V	O	M	W	A	V	Z	C	E
L	C	P	X	P	W	M	W	R	X	S	O	Y	A	D
O	V	E	T	E	R	A	N	S	C	M	E	V	C	F
I	G	O	V	Y	N	O	M	E	R	E	C	B	A	O

See how many of these newspaper related words you can find in the puzzle.  
 The words can be forward, backward or diagonal.

- |               |             |               |               |
|---------------|-------------|---------------|---------------|
| 1. Veterans   | 5. Flowers  | 9. Remember   | 13. Ceremony  |
| 2. Decoration | 6. Memorial | 10. May       | 14. Sacrifice |
| 3. Day        | 7. Service  | 11. Americans | 15. Heroes    |
| 4. Flags      | 8. Honor    | 12. Holiday   | 16. Freedom   |



# LARGE Word Search

## Memorial Day

V	S	F	N	M	Y	Q	Z	A	S	B	O
P	E	R	F	L	A	G	S	M	A	Y	R
J	R	E	F	O	H	I	K	E	L	C	M
A	V	E	W	C	O	C	J	R	U	E	G
Y	I	D	A	C	N	S	R	I	T	N	S
X	C	O	R	F	O	C	J	C	E	K	B
R	E	M	W	G	R	U	M	A	C	Q	Z
C	H	E	R	O	E	S	N	O	K	A	V

**America**

**Flags**

**Freedom**

**Heroes**

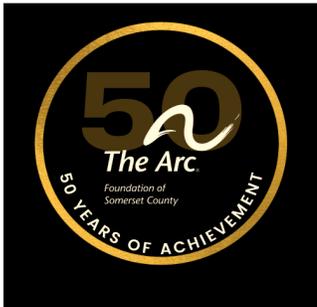
**Honor**

**Service**

**Salute**

**War**

# Upcoming Events



## ***Arc Angel Gala 50th Anniversary Celebration***

Friday June 10th, 2022  
Cocktail Reception Begins at 7:00 pm

**“Celebrating Achievements, Building our Future”**



## ***The Somerset Patriots celebrate The Arc of Somerset Game Night***

Friday July 8th, 2022  
TD Bank Ballpark  
7 pm -9:30pm

**Featuring Bobby S. singing God Bless America at  
the start of the game!**



# Craftsman Corner



## 5 Safe Driving Tips for Memorial Day Weekend



### 1. Don't drink and drive.

Memorial Day celebrations often involve alcohol. If you plan on drinking, make sure you have a designated driver or use a rideshare service.



### 2. Rest Up.

Drowsy driving is just as dangerous as driving under the influence. Make sure you're properly rested before hitting the road so you can stay alert and aware.



### 3. Avoid distractions.

With a higher volume of drivers on the road, you can't afford to miss a beat. Stay focused on the road ahead and keep your hands on the wheel at all times.



### 4. Obey the speed limit.

30 percent of all fatal accidents are caused by speeding. While it may be tempting to speed to reach your destination sooner, the risks aren't worth it.



### 5. Buckle up.

Make sure everyone in your car is wearing a seatbelt. It's the law, and it could save a life.

**Have a safe and happy Memorial Day weekend!**



# Buzzword

We are happy to have visitors back at our Day Programs. Please make sure to stop and say hello to everyone!

Thank You!

