

Adult
Services
Presents

THE BUZZ



The Arc
of Somerset County

141 S. Main Street
Manville NJ 08835
www.thearcofsomerset.org

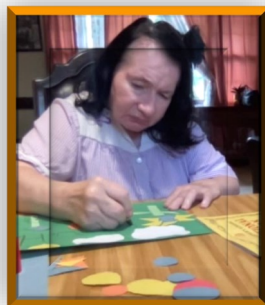


Crafty Ladies

By Tori Fuerst, DTS

Today at Crafty Ladies, Lynda designed and created her own beautiful flower gardens! To begin, Lynda chose a different colored paper to use as a backdrop for her garden. Next, she picked out stems, leaves, and petals to use and laid them out in different designs. Lynda chose to include some flowers with petals and some without, she even added a sun and clouds to create a beautiful summer day. Lynda also added her own flair to her garden by drawing designs and writing her name. The garden turned out beautifully!

Today was also my last day at the Arc, and I am so grateful for all the amazing people I met and all the amazing opportunities I had! I will miss everyone dearly and cannot wait to return for a visit! Thank you to everyone who made my 12 weeks so special!



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New Adventures of the Fantastic Four

By Cliff Leon

Today was the first day for Charlie, Gerry, Jayne from Commons 1 and Vicky from Union Ave1 taking a fun filled trip to the Manville Library. First, our good friend Jane brought her yoga class to Manville as we started off the day with yoga poses and some relaxing meditations. Next the group, met by Mary from literacy class, enjoyed an official tour of the library with Nan Peterson, Branch Manager. Nan explained to the group how the library organizes their books and talked about a variety of book genres they have on display. Vicky expressed interest in music and arts while Charlie enjoys reading about automobiles. Lastly, everyone received new library cards and even taking a guess at the number of items in 3 different containers with a chance of winning a prize!

There are a lot of exciting opportunities and collaborations to look forward too. Thank you Jane Puckett, Mary Scibelli and Nan Peterson for being apart of making this day and the future so special.



Fun Fashion Fridays

Twins



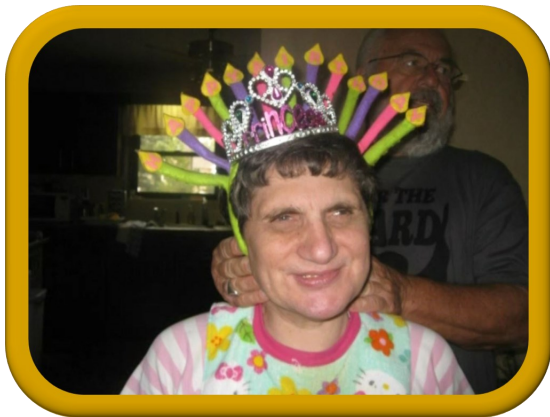
GREEN





The Arc's 50th Anniversary

Did you know?!?!? The Arc of Somerset County is celebrating its 50th anniversary in 2022!! In honor of this very special year, the newsletter will feature a few historic pictures with each issue throughout the year. Enjoy the step back into time as we look forward to this outstanding year of celebration!



DENISE



AMY

HAPPY BIRTHDAY

August



JILL



BILLY



STEVE



ROLAND



MARYLOU



TOM



ELVINA



STEVE

What's the Buzz?



*Moni with her daughter during their trip to India!
A walk among the pines in Lamahatta.*



Damandeep at Easton State Penitentiary



Damandeep at a car show



Damandeep at 4H Fair

**Monday
August 22nd**

**Friday
September 2nd**

Hybrid Schedule

Monday, August 22nd

10:00-10:45: **BINGO with Mary** - *all welcome*

Meeting ID: 481 232 8925
Password: 12345

11:15-11:45: **Stressbusters**

Meeting ID: 412 415 5729
Password: 794009

Tuesday, August 23rd

1:00-1:30: **Music for Hope & Inspiration**
At Jill Court & Virtual: TBD

Meeting ID: 481 232 8925
Password: 12345

3:00-3:30: **Shooting the Breeze with Friends**

Meeting ID: 481 232 8925
Password: 12345

Wednesday, August 24th

NO CLASSES

Thursday, August 25th

NO CLASSES

Friday, August 26th

10:00-10:45: **Bingo with Mary**

Meeting ID: 481 232 8925
Password: 12345

Monday, August 29th

10:00-10:45: **BINGO with Mary** - *all welcome*

Meeting ID: 481 232 8925
Password: 12345

11:15-11:45: **Stressbusters**

Meeting ID: 412 415 5729
Password: 794009

Tuesday, August 30th

1:00-1:30: **Music for Hope & Inspiration**

*At Jill Court & Virtual:
Coffeeshouse Project*

Meeting ID: 481 232 8925
Password: 12345

3:00-3:30: **Shooting the Breeze with Friends**

Meeting ID: 481 232 8925
Password: 12345

Wednesday, August 30th

NO CLASSES

Thursday, September 1st

NO CLASSES

Friday, September 2nd

10:00-10:45: **Bingo with Mary**

Meeting ID: 481 232 8925
Password: 12345



Adventures in Reading

By Mary Scibelli



During our reading groups we read about the different jobs that dogs can do. Everyone was interested to hear about all the ways that they can help people. Gerry asked about a dog's sense of smell and learned about how they use their excellent sense of smell to rescue people or know when they might become sick. Barbara P helped lead the reading group at Jill Court. We also talked about how dogs can be there to comfort people when they get scared or nervous. We talked about what else can be used to comfort us including a teddy bear, listening to the radio or talking to a friend.

Jill Court Computer Class



Doreen is using the keyboard to type during computer class. Kathy typed about how she likes parties at Union Ave and watching TV. Barbara P and Stephen V are working on creating their own sentences based on the pictures they see on screen. Diana is also practicing her spelling skills by typing words that she knows. During the last class she typed over 20 words! Kamala and Frances did an activity where they used the shift key to use proper capitalization and punctuation keys.

Cedar Grove Garden & Picnic





SAVE THE DATE

Becca's Friends of St. Joseph's Presents:



Come join us all in person under the stars!

September 9th, 2022

6 to 8 pm

At St. Joseph's out door tent

34 Yorktown Road,

Hillsborough, NJ 08844

Want to be in the talent show?

Please contact Karen Kowalski:

karenk@thearcofsomerset.org

By August 12th, 2022



Tuesdays
at
1PM

Music for Hope & Inspiration

By Karen Kowalski

The individuals at Jill Court received quite a musical treat as our friends, The Bernards Ensemble, came to provide an in-person performance that was absolutely beautiful for our minds and souls! Seventeen young musicians prepared well in advance of this performance to come together and perform on instruments such as cello, violin, piano, ukulele, guitar, trumpet and vocals. The group actively engaged the group with pieces such as “Moon River”, “When You Wish Upon a Star”, “New York, New York”, “Over the Rainbow” and many others with participants joining in to sing along with the group. We are very grateful to The Bernards Ensemble for coming to bring the joy of music to us once again and look forward to more in the future!



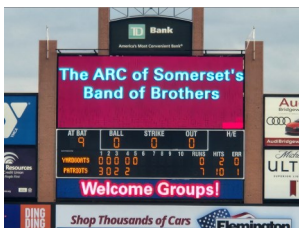
Our good friend Tommy Strazza stopped by Jill Court today. Everybody got out their tambourines & Shakers as they were rocking and rolling in their seats. Tommy delighted us by playing some of our favorite hits such as: “Here Comes The Sun”, “Gotta Have Faith”, “My Girl”, “Free Falling”, “Rock Around The Clock”, “Come And Dance With Me” and many more
Thank you Tommy for another outstanding performance!



Band of Brothers

By Laura Ziegler

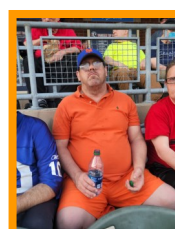
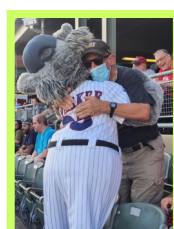
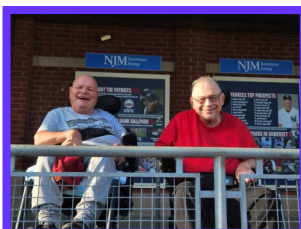
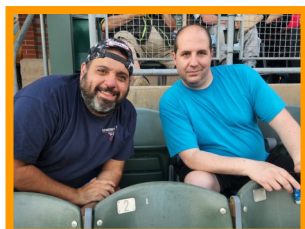
Band of Brothers Hits A Home Run!



The Band of Brothers (BOB) celebrated the beginning of their 12th season at the Somerset Patriots Baseball Stadium on Wednesday, August 10, 2022. This gathering was their first in person meeting since February 2020. The tickets for the individuals and volunteers were donated by an anonymous group of Somerset Patriot fans that include Roy and Mary Lawrence.

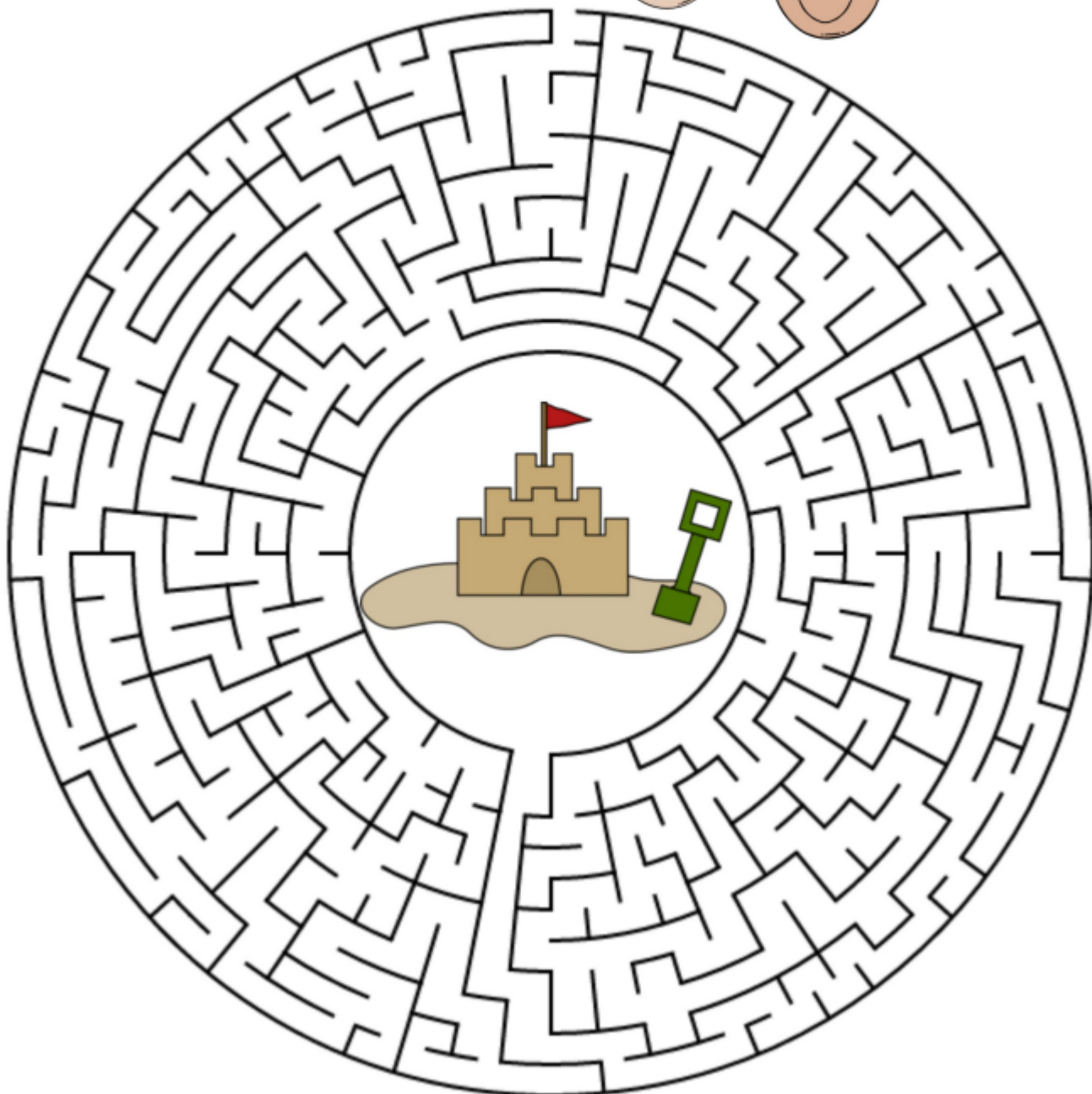
All 14 members from 8 residential programs were in attendance to see the Somerset Patriots beat the Hartford Yard Goats 9-0. The guys enjoyed a snack of popcorn during the game and had the opportunity to take photos with Sparkee, the mascot, when he stopped by to say hello. When asked about the group's outing, Cliff Pierre an original BOB member, stated, "It was nice and we had fun. I love it!"

Upcoming events may include a Movie Night, Holiday gathering with the Women's Group, and a visit to the Planetarium at Raritan Valley Community College. Band of Brothers, a men's group, is sponsored by The Arc's Clinical Services Department, supervised by Bob Hult from The Achievement Center, and staff from the Maintenance, Clinical Services, and Quality Assurance Departments volunteer their time to join the guys on their outings.



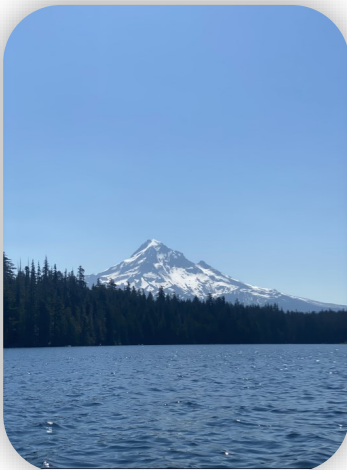
SUMMER MAZE

Help the kids get through the maze and find their sand castle.



Adventures of Lauren

As we said farewell to Lauren Frary and welcomed Chris Corvino and Sandee Miller into their new leadership roles, Lauren promised to keep in touch. Recently, Lauren was in the Columbia River Gorge (Oregon and Washington) to visit her son. She sent along some pictures of the adventures she had there. Hiking up Multnomah waterfall and Angels Rest Plateau, swimming / paddle boarding on Lost Lake and Trillian Lake were just a few of her adventures. Lauren misses everyone at The Arc and she will continue to stay in touch.



Lost Lake



Boulder Fields



Timothy Lake



Tamanawas Falls trail



Lauren & Zachary